

Ambassador's Cup 2025

Organizer: **Latvian Taekwondo Federation**
Dzelzavas iela 26A, Rīga, LV-1084
www.taekvondo.lv

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Competition date: **November 29th 2025**

Venue: **Riga Purvciema Secondary School**
Zentas Mauriņas iela 8, Rīga, LV-1082

Competition rules: WT Competition Rules

Liability: **Teams are obliged to insure their contestants.**
Competitors are to participate at their own risk. The organizers do not accept responsibility for any damages, injuries or losses sustained or incurred. Competitors must bring their own documents and forms for any medical treatment in Latvia.
Competitors must have a valid sports insurance.

Equipment: All competitors will be provided with DaeDo electronic body and head protectors at the time of competition, but they must supply their own DaeDo sensor socks. Competitors must also provide and wear WT recognized groin/forearm/shin-guards and gloves.

Registration and weigh-in: **November 28th 2025**
18:00 - 20:00
Hansu Centre
Dzelzavas iela 26A, Rīga, LV-1084

November 29th 2025
8:00 - 9:00
Riga Purvciema Secondary School
Zentas Mauriņas iela 8, Rīga, LV-1082
Weigh-in only. No changes are allowed.
Contestants with the wrong weight will be disqualified.

If attending the weigh-in on November 29th the starting fee has to be paid no later than 20:00 on November 28th.

Kyorugi divisions: Class B - without head contact
Class A - with head contact

Minis (2017-2019) class B, 9th Kup and higher

Youths (2014-2016) classes A and B, 9th Kup and higher

Male and Female									
-22kg	-24kg	-27kg	-30kg	-33kg	-36kg	-40kg	-44kg	-48kg	+48kg

Cadets (2011-2013) classes A and B, 7th Kup and higher

Male									
-33kg	-37kg	-41kg	-45kg	-49kg	-53kg	-57kg	-61kg	-65kg	+65kg
Female									
-29kg	-33kg	-37kg	-41kg	-44kg	-47kg	-51kg	-55kg	-59kg	+59kg

Juniors (2008-2010) class A, 5th Kup and higher

Male				
-48kg	-55kg	-63kg	-73kg	+73kg
Female				
-44kg	-49kg	-55kg	-63kg	+63kg

Categories with less than 2 competitors will be merged if possible.

Regulations: Minis and Youths: 3x1min (30sec break)
Cadets and Juniors: 3x1.5min (45sec break)

The Organization Committee can adjust the competition.

Awarding: 1st, 2nd and two 3rd places will be awarded with a medal.

Team ranking: Points according to WT standard.
Gold - 120, silver - 50, bronze - 20, win - 1, participation - 1.

Poomsae divisions:

	D Class	C Class	B Class	A Class
	10-8 Kup	7-5 Kup	4-2 Kup	1 Kup - Dan
	Can repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae
	Final			
Minis (2017-2019)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
Youths (2014-2016)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
Cadets (2011-2013)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
Juniors (2008-2010)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
Seniors (18+)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang

Gender divisions: All categories are mixed - male and female compete together.

Class eligibility: If the Kup category and Kup do not match the participant, the participant will be disqualified. Please confirm before registering.

Awarding: 1st, 2nd and 3rd place will be awarded with a medal.

Team ranking: Points according to WT standard.
Gold - 120, silver - 50, bronze - 20, win - 1, participation - 1.

Applications: Registration via [TaekoPlan Subscription Site \(TPSS\)](#)

DEADLINE - November 26th 2025

Changes during the registration - 10 EUR.

Early entry fee: Entry fee for Kyorugi - 30 EUR.
Before 21/11/2025 Entry fee for Poomsae - 20 EUR.
Entry fee for Kyorugi and Poomsae - 45 EUR.

Regular entry fee: Entry fee for Kyorugi - 35 EUR.
Before 26/11/2025 Entry fee for Poomsae - 25 EUR.
Entry fee for Kyorugi and Poomsae - 55 EUR.

Late entry fee: Entry fee for Kyorugi - 45 EUR.
After 26/11/2025 Entry fee for Poomsae - 35 EUR.
Entry fee for Kyorugi and Poomsae - 75 EUR.

Contestants applying for multiple age categories must pay the corresponding number of registration fees.

Double early entry fee will be charged for the competitors without the MNA license or without the officially approved belt test.

If the organizing committee has not received the entry fee by the start of the competition, the fee will be doubled.

Latvijas Taekvondo Federacija
Dzelzavas iela 26A, Rīga, LV-1084
LV38CBBR1129747900010
BluOr Banka AS
SWIFT: CBBRLV22
Ambassador's Cup 2025 + (Team Name)

Team awards: Trophies and prizes for the 1st, 2nd and 3rd team.

Best contestant awards: 2 trophies for the best contestants from the 1st and 2nd place teams.

Event Timetable

(subject to change)

Date	Time	Event	Location
Friday November 28 th	18:00 - 20:00	Registration and weigh-in	Hansu Centre
Saturday November 29 th	08:00 - 09:00	Weigh-in (no changes allowed)	Riga Purvciema Secondary School
	09:30	Poomsae competition	Riga Purvciema Secondary School
	10:30	Kyorugi competition	Riga Purvciema Secondary School
	16:00	Awarding ceremony	Riga Purvciema Secondary School